

BARRY UNIVERSITY BAHAMAS MEDICAL MISSION 2024

MENTAL HEALTH:

FREE Group Counseling/ Psychoeducation Sessions

NO APPOINTMENT NECESSARY | WALK-INS WELCOME

MARCH 4

Elizabeth Estates Clinic - Prince Charles Drive

1:00 PM - 2:00 PM Effective Parenting Techniques
3:00 PM - 4:00 PM Managing Depression
4:00 PM - 5:00 PM Grief & Loss Coping Strategies

Flamingo Gardens Clinic - Carmichael Rd

1:00 PM - 2:00 PM Effective Parenting Techniques
3:00 PM - 4:00 PM Managing Depression
4:00 PM - 5:00 PM Grief & Loss Coping Strategies

South Beach Health Centre - South Beach Road

1:00 PM - 2:00 PM Effective Parenting Techniques
3:00 PM - 4:00 PM Managing Depression
4:00 PM - 5:00 PM Grief & Loss Coping Strategies

MARCH 5

Elizabeth Estates Clinic - Prince Charles Drive

1:00 PM - 2:00 PM Overcoming Substance Abuse & Violence
3:00 PM - 4:00 PM Improving Family Communication

Flamingo Gardens Clinic - Carmichael Rd

1:00 PM - 2:00 PM Overcoming Substance Abuse & Violence
3:00 PM - 4:00 PM Improving Family Communication

South Beach Health Centre - South Beach Road

1:00 PM - 2:00 PM Overcoming Substance Abuse & Violence
3:00 PM - 4:00 PM Improving Family Communication

MARCH 6

Elizabeth Estates Clinic - Prince Charles Drive

1:00 PM - 2:00 PM Overcoming Substance Abuse & Violence
3:00 PM - 4:00 PM Conflict Resolution

Flamingo Gardens Clinic - Carmichael Rd

1:00 PM - 2:00 PM Overcoming Substance Abuse & Violence
3:00 PM - 4:00 PM Conflict Resolution

South Beach Health Centre - South Beach Road

1:00 PM - 2:00 PM Overcoming Substance Abuse & Violence
3:00 PM - 4:00 PM Conflict Resolution

Sessions are subject to change without notice.

For more information visit: Barry.edu/BahamasHealth



Barry University